MENU A							
MEALTYPE	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
BREAK FAST	Cassava in coconut sauce	Matoke	Roast potatoes with vegetables	Lyonnaise potatoes	Roast potatoes with vegetables	Sweet potatoes	Lynnaise potatoes
	Pancakes	Spanish and plain omelette	Beef/chicken sausages	Pancakes	Chicken wings with grilled tomatoes	Live cooking french toast station	Live cooking french toast station
	Baked beans	Baked beans	Baked beans	Baked beans	Mbaazi with coconut	White beans	Baked beans
	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads
	Danish pastries	Croissants	Banana muffins	Brioche	Mahamri	Honey oats muffins	Assorted english tea cakes
	Cornflakes	Cornflakes	Weetabix	Cornflakes	Rice crisps	Wheatabix	Cornflakes
	Choco pops	Choco pops	Choco pops	Choco pops	Choco pops	Rice crisps	Choco pops
	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge
	Passion juice	Oranges	Passion juice	Oranges	Passion juice	Pineapple mint juice	Mango juice
	Bananas		Watermelon		Bananas	Mangoes	Pineapple
MORNING BREAK	Assorted muffins	Veg./chicken sandwiches	Veg./meat pies	Veg./meat samosas	Assorted donuts	Yoghurt and muffins	Yoghurt and muffins
LUNCH	Mixed vegetable salad	Mixed vegetable salad	Ginger carrot soup	Mixed vegetable salad	Mixed vegetable salad	Mixed vegetable salad	Onion soup
	Indian lamb curry	Dhaal makhni	Ugali	Chicken curry	Beef pilau	Beef strognoff with vegetables	Oven baked arrabiata pasta with vegetables
	Stir fried paneer with vegetables	Yellow dhaal curry	Boiled beef and vegetables	Palaak paneer	Vegetable pilau	Paneer tikka masala	Green lentil curry
	Jeera rice	Vegetable curry	Spaghetti	Stir fried french beans, baby marrows and carrots	Bananas	Chapati	Turmeric rice
	Naan bread	Coconut Beans	Mixed leafy vegetables	Onion fried rice	Passion juice	Vegetable rice	French bread
	Fruit slices	Tumeric cardamon rice	Bolognese sauce/neapolitan sauce	Chapati		Fruit slices	Fruit slices
	Passion juice	Chapati	Garlic bread rolls	Fruit slices			Passion juice
		Fruit slices	Fruit slices				
		Mixed tropical juice	Passion juice				
AFTERNOON BREAK	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices
DINNER	Clear chicken soup	Vegetable salad	Chicken soup	Vegetable salad bar	Mixed vegetable salad	Chicken soup	Tomato soup
	Rosemary chicken	Chicken nuggets with cocktail sauce	Chicken biryani	Battered fish and chicken with tartar sauce	Chicken pizza	Chicken tikka	Beef mshikaki
	Ratatouille with garden peas	Vegetable spring rolls	Vegetable biryani	Black masoor daal	Minced meat pizza	Vegetable ratatouille	Grilled chicken
	Vegetable rice with rosemary sauce	Vegetable patties	Biryani rice and raita sauce	Rice	Margherita pizza	Jeera rice	Paneer and veg. skewers
	French beans and carrots	French beans and carrots	Seasonal vegetables	Lyonnaise potatoes	Vegetable pizza	Garlic naan	Ugali
	Pineapple crumble	Roasted potatoes	Fruit Salad	Vegetable spring rolls	Chocolate fudge cake	Assorted swiss rolls	Roast potatoes
	Garlic bread	Brookies	Ice cream	Vegetable croquette		Bread rolls	Lamb chops
		Bread rolls	Bread rolls	Mocca cake			Kachumbari
							Cinnamon cake
							Garlic bread
EVENING TEA	Baked doughnuts	Kaimati	Chocolate chip cookies	Muffins	Chelsea buns	Palmiers	Danish pastries
	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate