

MENU B							
MEALTYPE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAK FAST	Sweet potatoes	Matoke	Roast potatoes with vegetables	Lynnaise potatoes	Roast potatoes with vegetables	Sweet potatoes	Lyonnaise potatoes
	Pancakes	Spanish and plain omelette	Beef/chicken sausages	Pancakes	Chicken wings with grilled tomatoes	Live cooking french toast station	Live cooking egg station
	Baked beans	Baked beans	Baked beans	Baked beans	Mbaazi with coconut	White beans	Baked beans
	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads
	Danish pastries	Croissants	Banana muffins	Brioche	Mahamri	Honey oats muffins	Assorted english tea cakes
	Cornflakes	Cornflakes	Wheatabix	Cornflakes	Rice crisps	Wheatabix	Cornflakes
	Choco pops	Choco pops	Choco pops	Choco pops	Choco pops	Rice crisps	Choco pops
	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge
	Passion juice	Oranges	Passion juice	Oranges	Passion juice	Pineapple mint juice	Mango juice
	Bananas		Watermelon		Bananas	Mangoes	Pineapple
MORNING BREAK	Assorted muffins	Veg./chicken sandwiches	Veg./meat pies	Veg./meat samosas	Assorted donuts	Yoghurt and muffins	Yoghurt and muffins
LUNCH	Mixed vegetable salad	Beef soup	Carrot ginger soup	Mixed vegetable salad	Tomato soup with bread rolls	Mixed salad with raita sauce	Mediterranean veg. mixed salad
	Mixed vegetable curry	African beef stew with vegetables	Oven baked pasta with vegetables in neapolitan basil sauce	Chicken casserole	Beef stroganoff	Chicken biryani	Spaghetti
	Yellow dhaal curry	Aloo matter with eggplant	Ugali	Chickpea casserole	Palak paneer	Vegetable biryani	Arrabiata sauce/bolognese sauce
	Soya beans in coconut sauce	Ugali	Green leafy vegetables	Green vegetables	Chapati	Biryani rice	Focaccia bread
	Jeera rice	Mchicha	Garlic bread rolls	Ugali	Vegetable fried rice	Fruit slices	Fruit slices
	Paratha	Mashed potatoes	Fruit slices	Coriander rice	Assorted cakes		Passion juice
	Chocolate cake	Steamed rice	Passion juice	Fruit slices	Tropical mixed juice		
	Passion Juice	French bread					
		Fruit slices					
AFTERNOON BREAK	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices
DINNER	Tomato soup	Roasted pumkin soup	Salad bar	Minestrone soup	Assorted vegetables	Kachumbari salad	Tomato soup
	Stir chicken with vegetables	Chicken tikka masala	Chicken burgers	Black mansoor curry	Chicken/beef strips (make your own wraps)	Lamb/chicken shish kebab	Beef Mshikaki
	Cauliflower, carrots and peas curry	Palaak paneer	Vegetable burgers	Spaghetti	Potato masala	Coconut rice	Lamb chops
	Cardamon rice	Seasonal vegetables	Potato wedges	Chicken balls in tomato sauce	Vegetable spring rolls	Mixed vegetables in curry sauce	Grilled chicken
	Naan	Turmeric rice	Haloumi	Mashed potatoes	Vegetable croquettes	Garlic naan	Paneer with veg. skewers
	Swiss roll	Chapati	Ice cream	French beans and carrots stirfry	Naan wraps	Marble cake	Kachumbari
	Garlic bread	Brookies	Fruit salad	Mocca cake	Sauces: mayonnaise, cocktail sauce, mustard		Ugali
		French bread		French bread	Chocolate fudge		Roast potatoes
							Cinnamon cake
							Garlic bread
EVENING TEA	Baked doughnuts	Kaimati	Chocolate chip cookies	Muffins	Chelsea buns	Palmiers	Danish pastries
	Hot chocolate	Hot chocolate	Hot Chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate