MENU D							
MEALTYPE	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
BREAKFAST	Sweet potatoes	Matoke	Roast potatoes with vegetables	Lynnaise potatoes	Roast potatoes with vegetables	Sweet potatoes	Lynnaise potatoes
	Pancakes	Spanish and plain omelette	Beef/chicken sausages	Pancakes	Chicken wings with grilled tomatoes	Live cooking french toast station	Live cooking egg station
	Baked beans	Baked beans	Baked beans	Baked beans	Mbaazi with coconut	White beans	Baked beans
	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads
	Danish pastries	Croissants	Banana muffins	Brioche	Mahamri	Honey oats muffins	Assorted english tea cakes
	Cornflakes	Cornflakes	Weetabix	Cornflakes	Rice crisps	Weetabix	Cornflakes
	Choco pops	Choco pops	Choco pops	Choco pops	Choco pops	Rice crisps	Choco pops
	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge
	Passion juice	Oranges	Passion juice	Oranges	Passion juice	Passion juice	Mango juice
	Bananas		Watermelon		Bananas	Mangoes	Pineapple
MORNING BREAK	Pizza rolls	Veg./chicken sandwiches	Veg./meat pies	Veg./meat samosas	Brookies	Yoghurt and muffins	Yoghurt and muffins
LUNCH	Mixed vegetable salad	Mixed vegetable soup	Ginger carrot soup	Mixed vegetable salad	Mixed vegetable salad	Mixed salad	Assorted vegetables
	Vegetable curry	Chilli con carne	Baked pasta with garden peas	Beef goulash	Chicken biryani	Rosemary chicken	Chicken/beef strips (Make your own wraps)
	Red beans stew	Butter beans masala	Vegetables in tomato basil sauce	Green dhaal curry	Layered biryani and raita	Green dhaal curry	Potato masala
	Yellow dhaal	Spaghetti	Ugali	Stir fried vegetables	Garlic bread	Steamed rice	Chapati wraps
	Fried vegetable rice	Seasonal vegetables	Mixed green leafy vegetables	Mukimo	Passion juice	Seasonal vegetables	Vegetable croquettes
	Chapati	Rice	Garlic bread rolls	Rice	Fruit slices	Rosemary potatoes	Vegetable spring rolls
	Tamarind juice	Bread rolls	Passion juice	Chapati		Passion juice	Sauces: mayonnaise, cocktail sauce, mustard
	Watermelon slices	Pineapple slices	Watermelon slices	Pineapple slices		Fruit slices	Ice cream
							Fruit slices
							Passion juice
AFTERNOON BREAK	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices
DINNER	Onion soup	Roasted pumkin soup	Chicken soup	Minestrone soup	Vegetable salad	Kachumbari salad	Tomato soup
	Chicken curry	Chicken schnitzel	Chicken tikka	Bread crumbed fish with tartar sauce	Beef burger	Beef pilau	BBQ beef skewers
	Vegetable masala	Mixed vegetable curry	Palak paneer	Greek lemon potatoes	Vegetable patties	Vegetable pilau	Lamb chomps
	Stir fried seasonal vegetables	Baked masala potatoes	Cauliflower masala	Vegetable croquettes	Hot dogs	Carrot cake	Chicken tikka
	Garlic naan	French beans and carrots	Seasonal vegetables	Spring rolls	French fries		Kachumbari
	Chapati	Brookies	Garlic naan	Mixed salad	Onions, tomatoes, lettuce, cucumber		Ugali
	Chocolate mousse	French bread	Tumeric rice	Chocolate brownie	Assorted swiss rolls		Roast potatoes
	Garlic bread		Bread rolls	French bread			Paneer and veg. skewers
			Fruit salad				Cinnamon cake
			Ice cream				Garlic bread
EVENING TEA	Chocolate donuts	Kaimati	Cookies	Muffins	Chelsea buns	Palmiers	Danish pastries
	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate