MENU C							
MEALTYPE	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
BREAK FAST	Baked sweet potatoes	Matoke	Roast potatoes with vegetables	Lynnaise potatoes	Roast potatoes with vegetables	Sweet potatoes	Lyonnaise potatoes
	Pancakes	Spanish and plain omelette	Beef/chicken sausages	Pancakes	Chicken wings with grilled tomatoes	Live cooking french toast station	Live cooking egg station
	Baked beans	Baked beans	Baked beans	Baked beans	Mbaazi with coconut	White beans	Baked beans
	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads	Assorted breads
	Danish pastries	Croissants	Banana muffins	Brioche	Mahamri	Honey oats muffins	Assorted english tea cakes
	Cornflakes	Cornflakes	Weetabix	Cornflakes	Rice crisps	Weetabix	Cornflakes
	Choco pops	Choco pops	Choco pops	Choco pops	Choco pops	Rice crisps	Choco pops
	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge	Wimbi porridge	Oats porridge
	Passion juice	Oranges	Passion juice	Oranges	Passion juice	Pineapple mint juice	Mango juice
	Bananas		Watermelon		Bananas	Mangoes	Pineapple
MORNING BREAK	Pizza rolls	Veg./chicken sandwiches	Veg./meat pies	Veg./meat samosas	Assorted donuts	Yoghurt and muffins	Yoghurt and muffins
LUNCH	Assorted vegetable salad	Mixed vegetable soup	Carrot ginger soup	Mixed vegetable salad	Mixed vegetable soup	Mediterranean mixed salad	Beef stir fry with vegetables
	Assorted dhaal curries	Indian lamb curry	Boiled beef and vegetables	African beef stew with vegetables	Fish/Chicken in coconut sauce	Masoor daal curry	Vegetable rice
	Vegetable curry	Aloo mutter with eggplant	Spaghetti	Paneer and vegetable masala	Mixed vegetable curry	Spaghetti	Fruit slices
	Palaak paneer	Cumin rice	Ugali	Dhania rice	Coconut rice	Meat balls in tomato sauce	Passion juice
	Coconut rice	Garlic naan	Mixed leafy vegetables	Chapati	Mixed leafy vegetables	French beans and carrots	
	Chapati	Mchicha	Bolognese sauce/neapolitan sauce	Fruit slices	Ugali	Mashed Potatoes	
	Black forest cake	Ugali	Garlic bread rolls		Garlic french bread	Fruit slices	
	Passion juice	French bread	Fruit slices		Cinnamon sponge cake		
		Fruit slices	Passion juice				
AFTERNOON BREAK	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices	Fruit slices
DINNER	Tomato soup	Mixed vegetable salad	Mixed vegetable salad and Kachumbari	Clear chicken soup	Mixed salad	Vegetable salad	Tomato soup
	Chicken stir fry with vegetables	Buttered fish fillet with tartar sauce	Beef / chicken pilau	Honey and mustard glazed chicken	Beef burger	Chicken schnitzel	BBQ Beef skewers
	Pallak paneer	Vegetable masala	Vegetable pilau	Vegetable tempura	Chicken burger	Spiced potato masala	Paneer and veg. skewers
	Vegetable rice	Vegetable croquette	Kachumbari	Spring rolls	Hot dogs	Paneer tikka skewers with vegetables	Rice
	Chapati	Lynaise potatoes	Ice cream	Rosemary potatoes	Vegetable burger	Vegetable patties	Kachumbari
	Seasonal vegetables	Marble cake	Fruit salad	Mixed seasonal vegetables	French fries	Marble cake	Grilled chicken
	Chocolate profiterols			Pineapple/oranges	Assorted swiss rolls		Ugali
	Garlic bread			Focaccia bread			Roast potatoes
							Cinnamon cake
							Focaccia bread
EVENING TEA	Baked doughnuts	Kaimati	Cookies	Muffins	Small mahamris	Cinnamon rolls	Danish pastries
	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate	Hot chocolate